

*Old Bar
Wallabi Point
Pampoolah
Bohnock
The Islands
Manning Point*



Photos: Phil Davies



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Welcome

Coastal laid back beach and rural towns
Barrington Coast pockets of paradise.
Old Bar, Wallabi Point, Pampoolah, Bohnock,
Mitchell's Island, Oxley Island & Manning Point
Are the hidden gems
Of the NSW & Australian East Coast

Beaches, surfing, fishing, kayaking & boating
Walking, bike riding, skating or driving
Fun adventures to be had
Then to explore
Shops, restaurants, cafes and more

3.5 hours north of Sydney
Just off the Pacific Highway
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LIVE STAY WORK PLAY and LOVE

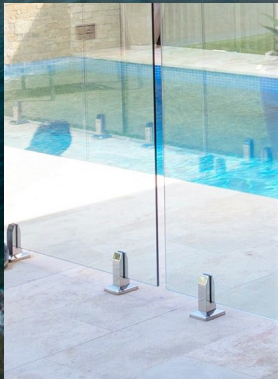
**OLD BAR MANNING POINT
BUSINESS & COMMUNITY ASSOCIATION**

Delta River

Home to the rare Manning River Delta
Which for those who don't know
Is a unique river system
Where the Manning River flows
From Barrington Tops to the sea
And uniquely exits in two places
At Old Bar and Harrington
There are only a few such
River systems in the world
Including the Ganges, Nile & Amazon
Be sure to check out
The rare Manning River Delta

Bob Peet

" I have memories of launching the kayak at Mud Bishops and regularly paddling around Cabbage Tree and Charlie's Island. I used to catch waves in the boat from the entrance to Charlie's Island "



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Photo: Carl Muxlow



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Old Bar Manning Point Business & Community Association brings people together in our community to achieve better outcomes and to represent the needs of the many participants. The association helps connect the community, businesses and local associations within the Manning River, Old Bar, Wallabi Point, Pampoolah, Bohnock, Oxley & Mitchell's Islands and Manning Point.

From the Association's beginnings in 2004 as the Old Bar Chamber of Commerce, many local business owners have participated and worked together to develop a variety of community projects – including public toilets, playgrounds, footpaths, painting, artwork on Old Bar beachside amenities, installation of bench seating in Old Bar CBD, and participation in the Local and Mid North Coast Business Awards. The Chamber is also credited with establishing

The Old Bar Beach Festival in 2005; now organised under an independent body, the Festival has become the iconic event for the area. Recent initiatives include securing grants to build a footpath to Old Bar primary school, providing support for volunteers through fuel vouchers, and installing 10 new bus shelters in town.

In 2017 the Old Bar Chamber Of Commerce was renamed the Old Bar Manning Point Business & Community Association, to reflect the evolution of its focus and activities in serving the diverse needs and interests of the Manning Delta area.

We Need Your Help

Want to make a difference in our community? We always welcome new members to join our association to work together with likeminded people to add value to our area by proposing new ideas and initiatives, assisting with grant applications, promoting funding initiatives, and engaging with MidCoast Council and other authorities.

As a member, you can participate as much or as little as you like.

Even if you only opt for ordinary membership to receive local community updates and information, your support is important and valued, as it helps us to grow in strength and be a guiding voice in our community.

Executive 2021

President: Mel Rosamond

Vice President (Business): Cozette Leonard

Vice President (Community): Sally Pryor

Treasurer: Steve Doessel

Secretary: Sophia Miller

Minutes Secretary: Anne Rorke

Public Officer: Ian Dimmock



FLOW BAR 2021 WINNER

MidCoast Council & Local Business Chambers 'Thank You Hamper'

Photo: Stephen Doessel & Mel Rosamond

How To Join



info@obmp.com.au



www.obmp.com.au



OLD BAR CELLARS

OLD BAR CELLARS

Wine & Beer Specialist
49 Old Bar Rd, Old Bar

6553 7328

www.oldbarcellars.com.au

Getting There

CAR

Located just 3.5 hours north from Sydney, following the Pacific Highway. From the Taree exit ramp on the Pacific Highway simply take Old Bar Road. The journey to Old Bar is 11 km and takes about 10 minutes. You can also access Wallabi Point, Saltwater National Park, Manning Point and The Islands by following the signs from Old Bar Road.

FLY

The nearest public airports are Taree and Port Macquarie while Newcastle is a popular airport with additional options. Sydney is the major airport for international travel and is a 3.5 hour drive or 1 hour by plane to Taree.

Flypelic.com.au **02 4965 0111**

RAIL

The nearest railway station is Taree which is on the main northern rail line from Sydney to Brisbane so it's easy to get there by train. Trains travel to Newcastle, Sydney, Grafton and Casino twice a day.

www.transportnsw.info **13 22 32**

BUS

Private bus companies regularly service this region. Departing from Taree Railway Station and travelling to and from Old Bar, Manning Point, Forster and Harrington.

Photo: Liam Worth



Settle Petal Mobile Conveyancing

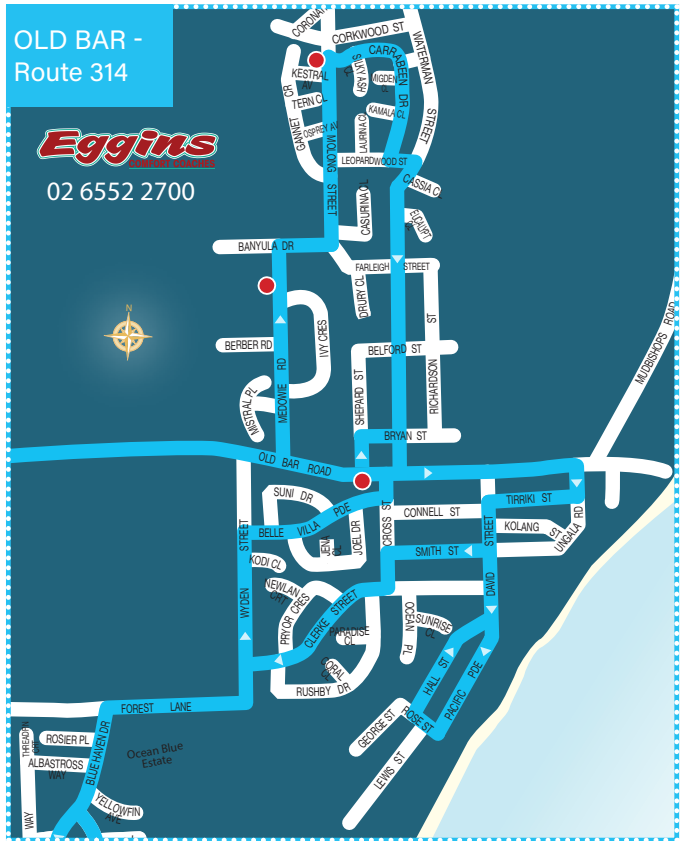
For all your conveyancing needs
Wallabi Point

www.settlepetalmobileconveyancing.com.au
0417 298 629

OLD BAR - Route 314

Eggins

02 6552 2700



Taree - Old Bar - Taree • ROUTE 314 & 315

SERVICE DAYS	MONDAY - FRIDAY				THURSDAY EXTRA SERVICE
	ROUTE NUMBER	314	314	314	
Valley Fair, Victoria St	7.30am		2.10pm	3.40pm#	12.30pm
Taree Central, Manning St	7.32am		2.15pm	3.43pm#	12.32pm
Coles, Old Bar Rd	-		2.25pm	3.55pm (4.15pm)	-
Banyula, Medowie Rd	7.45am		2.30pm	4.00pm (4.15pm)	12.45pm
Ungala Rd after Old Bar Rd	7.50am		2.35pm	4.05pm (4.15pm)	12.50pm
Rose St at Pacific Pde	7.55am		2.40pm	4.10pm (4.15pm)	12.55pm
Bluehaven Dr	8.00am		2.45pm	4.15pm (4.15pm)	1.00pm
Coles, Old Bar Rd	8.05am#		2.55pm	4.20pm (4.15pm)	1.05pm
Centerpoint, Victoria St	8.05am#		3.05pm	4.35pm (4.15pm)	1.50pm
Taree Central, Manning St	8.40am		3.10pm	4.40pm (4.15pm)	1.55pm

School Days via Wallabi Point • 315 Manning Point via Old Bar
No service weekends & public holidays
() brackets indicate alternative times during school holidays

Old Bar

Coastal Paradise by the Sea Sand Sun & Surf
Home to the rare Delta River
Where the Manning River South Arm
Exits to the sea

The closest ocean beach from Gloucester, Wingham and Taree
Just 10 minutes from the Pacific Highway
Be sure to check it out, surf or stay

Spot the turtles, dolphins, whales
Wildlife, rare birds & rainbows
Kitesurf, kayak, surf, scooter or skate
Collect driftwood and create
Explore the hidden bike tracks

At the Old Bar Recreational Reserve
Fly a light plane onto the historic airstrip
Check out the Surf Club or join & save lives

Visit cafes, restaurants, shops and The Tav
Eat healthy at Blowfish by the beach
Camp at Lani's caravan park
Stay at beachfront Meridian Resort
Boogie Woogie Beach House, Club Old Bar Motel or AirBnB
Dinner, drinks and live music at Flow Bar or The Tav
Old Bar Village Café, Buyi Espresso Bar
Eat Take-Away, Kebabs, Thai or Chinese

Laid back surfing culture families
Relaxed retirees who don't mind surf and turf
Live in a beach house
Renovate like Deb and Andy

Send your children to the school by the sea
Stroll the community beach markets
Remember The Old Bar Beach Festival Oct Long Wknd
Make music, art and dance

LIVE STAY WORK PLAY & LOVE
At Old Bar

Photo: Julie Slaven

CLUB OLD BAR

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Open 7 Days from 10am
Courtesy Bus from 5pm

1 Belford St Old Bar | cluboldbar.com.au
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Things To Do

WINDSURFING
KAYAK



Photo: Cozette Leonard

BEACH

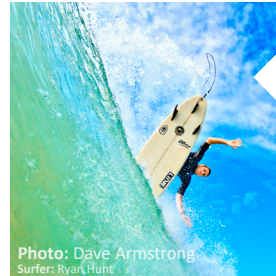


Photo: Dave Armstrong
Surfer: Ryan Hunt

LIVE MUSIC



Photo: Julie Slaven

AIRSTRIP



Photo: Wanda Amos

SURF
SKATE



Photo: Hannah Carley

Wallabi Point

Watch the whales from the cliff top
Swim in the rockpools among Neptune's Pearls
Salute the sun, drive to check the waves
Learn to surf at Tarrant's Beach or do a huge cutback

Bike-ride through the bush or skateboard with the kids
Eat burgers and ice cream at the Coastal Café
Walk your dog on the sand
Listen to local talented musicians every chance you can

Live by the ocean in your dream Beach House
Or stay in a seaside B&B
Watch the moon rise over the ocean
Raise a happy family

LIVE STAY WORK PLAY & LOVE
At Wallabi Point

Richard & Jo Meldrum
Founders of Hot Tuna

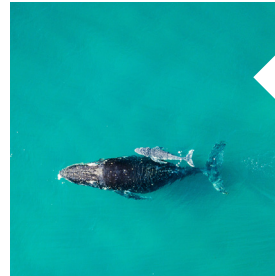
We built our house in Wallabi Point 40 years ago and can say that the Hot Tuna uniqueness was created from living and building a business from Saltwater Road. We had the opportunity to move to Sydney with other surf industry businesses, but we chose to stay in Wallabi to ensure the Hot Tuna brand would remain original and not be influenced by other surf brands.

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Things To Do

BIKE



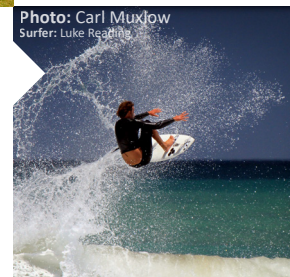
WHALE
WATCHING

FOOD



BEACH
HOMES

SURF



Saltwater

Saltwater National Park is a Special Place
For Biripi People and local residents
Spiritual connections and healing events
At Salty Point, The Headland and Lagoon

Kayak or take a small boat
To explore the lagoon & Khappinghat Creek
Hike the rainforest trails or Five Islands
Walk on the sand to Diamond Beach

Surf a long right hander
From the headland at Salty Point
Escape the summer Northeast winds
Get wave after wave at Back-Beach

Walk through the rainforest to the headland
Check out the whales from the viewing platform
Picnic and BBQ with people you love
Remember to take your family photograph



Saltwater Boardriders

Started in 1965 by a group of young local surfers, through the years the club has developed as a strong grass roots community sporting club. Saltwater Boardriders prides itself on being an inclusive and supportive sporting club which aims to run competitive surfing competitions for surfers of all ages. Developing the abilities of junior surfers in the club continues to be a focus as well as surf safety. The club enjoys giving back to the community through a variety of ways including contributing to the purchase of AED equipment for Wallabi Point and hosting the Kev Lee Memorial Single Fin Cup which raises money for the local oncology unit. It's been home to many talented surfers including World Championship Tour surfers Ben Dunn and Beau Emerton as well as QS surfers Joel Reading, Oscar Scanes and Ryan Hunt. Our club members have represented the state in national titles and we have even been lucky enough to have a former WSL judge Luke Reading back in the ranks .

Photos: Carl Muxlow

Biripi

The Biripi people
Are the traditional custodians of our local land
Saltwater is their sacred place
Connecting natural earth and people to spiritual ancestors

Biripi means Big Valley
So they are called The Big Valley People
Taree comes from the Ghattang word Djari

The Biripi people camp at Saltwater
Celebrate their big dance
Do important ceremonies
They do this every year

Their dreaming is written
In the land, water and stars
Some totems include The Great White Shark
Turtle, Kookaburra, Kangaroo, Eagle, Crab and Bass

Andy Saunders

"I have a really strong spiritual & cultural connection to Saltwater. It is the home of Biripi nation and reminds me of my connection to country and family whom I am eternally grateful for."

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Paula Gilmour

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Pampoolah

Pampoolah Peaceful Place the gateway to Old Bar
Between the mountains and the sea
Explore forest, fields and acreage, unknown territory
By the River & Khappinghat National Park

Down Redbank Road there's a jetty
A park by the river with picnic tables
A place where grandchildren can learn to fish
Check out the little old church

Bike through the forest trails
Take the sneaky tunnel under the highway
To get to food at the Service Centre
Maybe cycle all the way to Taree

Many residents and visitors
Have yet to explore the hidden surprises
Natural dirt roads on the south side
Luxury residential homes to the north

LIVE STAY WORK PLAY & LOVE
At Pampoolah

John & Jenny Darcy

" We developed the land in Pampoolah surrounding Gracelands into small acreage lots. One time I looked to the sky and saw an Eagle flying, so decided to build a home designed like an eagle. I also built the Sydney Opera House Home which is at the high point with the magnificent views to the Great Dividing Range. "



Taree Boarding Kennels and Cattery

473 Old Bar Rd, Pampoolah
Call (02) 6553 7244
tareeboardingkennels.com.au

Bohnock

Bohnock has a boat ramp
On the Manning River
Hire a boat or kayak
Drift your way to the entrance

Check out Charlie's Island
Visit Farquhar or The Entrance
Throw a fishing line in
Yours could be the catch of the day

Pick up fishing, boating and kayak needs
Or buy fresh seafood at Bohnock Bait & Tackle
Have a wonderful time in Paradise
Please keep the rivers clean

LIVE STAY WORK PLAY & LOVE
At Bohnock

Mark & Narelle

" We love Bohnock because it's been good to us. We started from the garage under the house and extended from there. Although we are no longer running the shop we are staying in Bohnock and helping new owner Steve. "

Photos: Phil Davies



Bohnock Bait and Tackle

Fresh Seafood | Bait | Kayak & Boat Hire | Coffee
6 Channel Cl, Bohnock
Call (02) 6553 7532

Oxley Island

Another Island Rural Paradise
What will you discover?
Home to generational farmer families
Remembered by names on street signs

Lush landscapes ringed by distant mountains
Emerald pastures set in blue
Unspoiled uncrowded oasis
Adrift from the rest of the world

Dairy Farms, horses, cows, sheep and llamas
Fish off the wharf at the end of Cowans Lane
Overlooking Cabbage Tree Island
Or visit a friend who owns riverfront land

LIVE STAY WORK PLAY & LOVE

At Oxley Island

Pat Neal

Oxley Island Pastoral Dairy Farm

" I grew up on Oxley Island and have five generations of dairy farming in my blood.

Oxley Island Pastoral Dairy Farm was developed to cultivate the rich soils of the valley.

I have the best of coastal and country living with access to pristine beaches, rivers and mountains. "

Mitchells Island

Idyllic Tranquillity on Mitchell's Island
Farming, boating, fishing,
Surfing & beach walking
By the river or by the sea

Eat fresh oysters from The Manning River
Explore the waters of Scotts Creek
Go crabbing in Pelican Bay
Drive to Beach Road to walk the beach

See the sun go down
Behind The Great Dividing Range
St Marks Anglican Church
Is a beautiful spiritual sight to see

Featuring large acreage properties
And homes with stunning river views
Perfect for farming and agriculture
Live by the mountains, river and sea

LIVE STAY WORK PLAY & LOVE

At Mitchells Island

Kerry MacAulay

" On Mitchells Island we run a small herd of Black Angus cows and a little flock of Wiltshire and Dorper sheep. My husband and I bought our Mitchells Island property in 2012 and moved here in 2014. It was the fulfilment of a dream for us - 40 acres on a river, not too far from town, close to the beach."



Farmhouse On Oxley

Secluded Hideaway To Turn Moments Into Memories
Manning Point Road, Oxley Island

Contact - Shez 0412322867

Email - stay@farmhouseonoxley.com.au
www.farmhouseonoxley.com.au



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Manning Point

Peaceful Paradise Point at the River Delta
It's where the river meets the sea
Dolphins and pelicans visit everyday
It's where relaxed tourists want to be

Tranquil water for stand-up paddle boarding
Swim at the safety net river pool
Go boating, fishing, kayaking or surfing
Drive on the sand to Farquhar Inlet

Dine on the water, eat fish and chips
BBQ or picnic by the river, have a beer at the Bowl
Walk home under moon and stars
That shine in deep night skies

Stay at one of the caravan parks
Or a sea village B&B
See the fireworks across the river
At Harrington on New Year's Day

LIVE STAY WORK PLAY & LOVE
At Manning Point

Brian and Joan Shoesmith

"We love living at Manning Point and love to share
the beauty with our visitors."

Photo: Shoesmith Holiday Cottage

Shoesmith Holiday Cottage

39 Manning Street, Manning Point, NSW 2430
Linen provided | Pet's allowed | Wheelchair Access
Contact - **0427 292 856**
Email - shoeysHOME@gmail.com

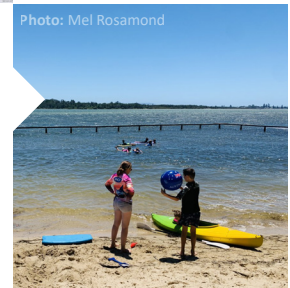
www.shoesmithscottage.com.au

Things To Do

HOLIDAY



WATER SPORTS



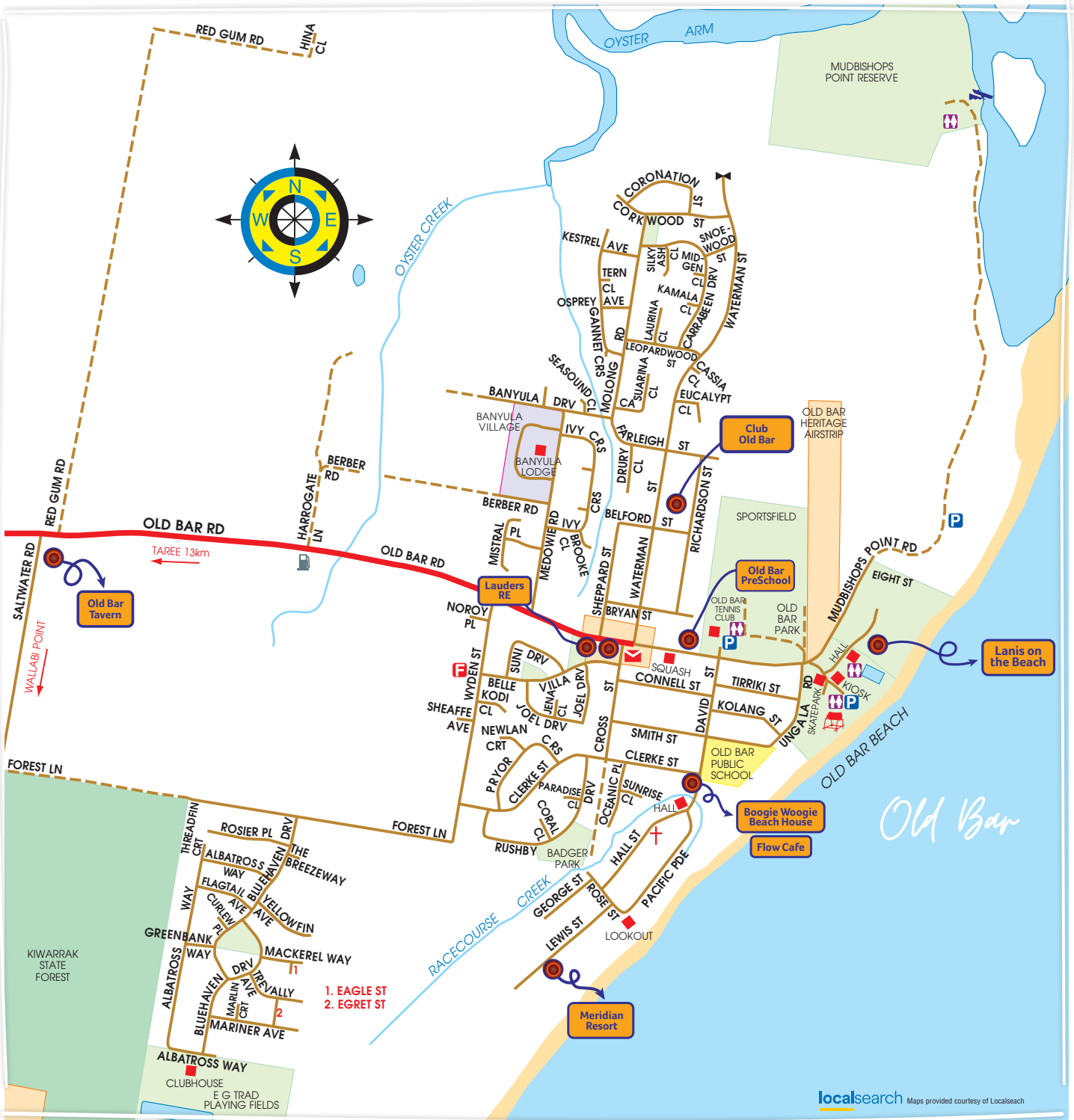
SWIM SAFETY POOL



FISH



DOLPHINS



Foods x Drink

OLD BAR BEACH TAKEAWAY

📍 6/45 Old Bar Rd, Old Bar
☎ (02) 65537111



BUYI ESPRESSO BAR

📍 Shop 2/31 Old Bar Rd
✉ info@buyi.com.au



FLOW BAR

📍 31 David St Old Bar
☎ 02 6557 4224
🌐 Flowbar.com.au



THE TAV OLD BAR

📍 13 Saltwater Rd, Old Bar
☎ (02) 6553 7111
✉ events@thetav.com.au
🌐 www.thetav.com.au
Bistro - Beer Garden - Kids Playground
'See you at The Tav!!'



Foods x Drink



📍 Old Bar Beach
☎ 0409 118 083



📍 1 Belford St, Old Bar
☎ (02) 6553 7224
🌐 cluboldbar.com.au

SAI THAI TABLE & TEA

📍 1/50 Old Bar Rd, Old Bar
☎ Phone (02) 6553 6660
🌐 Facebook.com/SaiThaiTableAndTea



OLD BAR VILLAGE CAFE

📍 47 Old Bar Rd, Old Bar
☎ (02) 6593 3075

Accommodation

MERIDIAN BEACHSIDE APARTMENTS

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☎ (02) 6553 3441

🌐 meridianbeachsideapartments.com.au



CHILTERN LODGE

📍 139 Metz Rd, Old Bar NSW
☎ 02 6553 3190
🌐 chilternlodge.com.au



BOOGIE WOOGIE BEACH HOUSE

📍 31 David St Old Bar
☎ 02 6557 4224

🌐 boogiewoogiebeachhouse.com.au



Accommodation

CLUB OLD BAR MOTEL

📍 46 Waterman St, Old Bar
☎ 02 6553 3813
🌐 cluboldbarmotel.com.au

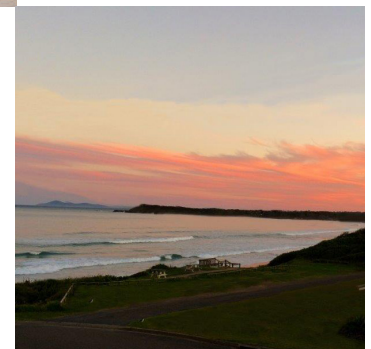


WEEROONA HOLIDAY PARK

📍 21 Main Rd Manning Point
☎ 02 6553 2635
🌐 weeroona.com.au

PIPIPIES ON THE BEACH

📍 1 Ocean Dr, Wallabi Point
☎ 0414 960 543
📧 pippiesonthebeach@outlook.com



LANIS ON THE BEACH

📍 Old Bar Rd, Old Bar
☎ (02) 6553 7274
0412185657
🌐 info@lanisonthebeach.com.au

Accommodation

HIDEAWAY HOLIDAY CABINS

📍 6a Manning St, Manning Point
☎ 0419 201 901
🌐 manningpointcabins.com.au

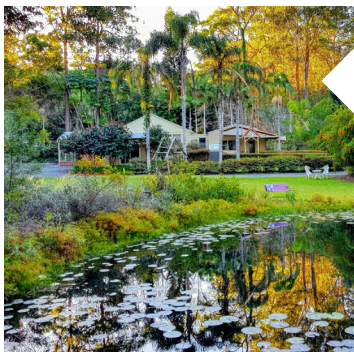


OCEAN SHORES HOLIDAY PARK

📍 32 Manning St, Manning Point
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🌐 oceanshoreholidaypark.com.au
✉ info@oceanshoreholidaypark.com.au

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🌐 mescals.com.au



KIWARRAK COUNTRY RETREAT

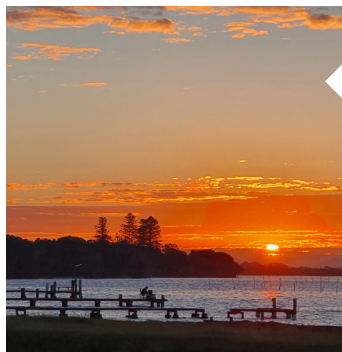
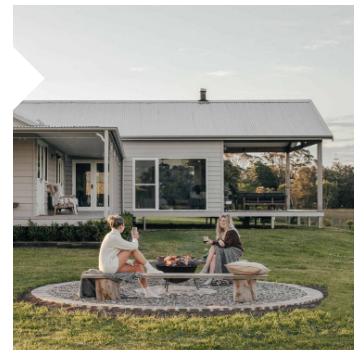
📍 239 Half Chain Rd, Koorainghat
☎ (02) 6553 7391
🌐 kiwarrakcountryretreat.com.au

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Accommodation

FARMHOUSE ON OXLEY

📍 Manning Point Road, Oxley Island
☎ 0412322867
✉ stay@farmhouseonoxley.com.au
🌐 farmhouseonoxley.com.au



SHOESMITH HOLIDAY COTTAGE

📍 39 Manning Street, Manning Point
☎ 0427 292 856
✉ shoeyshome@gmail.com
🌐 shoesmithscottage.com.au

OLD BAR HOLIDAY RENTALS

📍 33 Lewis Street, Old Bar
☎ 0435 059 450
✉ info@oldbarholidayrentals.com.au



MIDCOAST HOLIDAY RENTALS

📍 2/334 Saltwater Rd, Wallabi Pt
☎ 0490 192 730
🌐 midcoastholidayrentals.com.au



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Air Strip

Old Bar airstrip was constructed in the mid-1920s by George Bunyan as part of the fledgling air mail and aerial passenger services following the Commonwealth Government's decision to call tenders to award contracts for these services. In all, 44 aerodromes and 90 emergency landing grounds were established in the years to 1926 and Old Bar was the main refuelling stop between Sydney and Brisbane.

A major historical event was the air pageant held on 15th & 16th November 1930 with 35 planes including the "Canberra" owned by Sir Charles Kingsford-Smith and the "City of Lismore" piloted by Captain Charles Ulm. The pageant featured joyrides typical of the early aviation "barnstorming" tradition.

The airstrip was the refuelling point for Kingsford-Smith and Ulm's Australian National Airways till mid 1931. From July, 1931 New England Airways operated a bi-weekly air service between Sydney and Brisbane stopping at Lismore, Grafton, Coffs Harbour and Old Bar.

The Royal Australian Air Force utilised the airstrip for refuelling from the mid to late 1930s with regular visits of up to six Hawker Demons at Old Bar. For twelve months during 1939-40, the RAAF stationed a Wackett Gannet at Old Bar to undertake coastal surveying and mapping.



Photos: Cozette Leonard

The sculpture by Ted Prior at Old Bar Beach was unveiled by pioneer aviatrix Nancy Bird Walton AO OBE & Deputy Prime Minister Mark Vaile in September 2006 as part of the Old Bar Beach Festival and the Festivals Australia Program. Nancy stayed for the two days of the festival, meeting with the people.

It commemorates the local Volunteer Defence Corps operation during World War II, who designated an emergency landing field for the RAAF during the war where, on occasion, they laid a beacon path along the airstrip to help guide the aircraft being ferried north to participate in the war in the Pacific. A RAAF Caribou airplane landed as part of these anniversary celebrations. Today's Old Bar Beach Festival has an annual Lantern Parade to honour the local Volunteer Defence Corps and all funds raised are given to the Leukemia Foundation.

The Old Bar airstrip, now heritage listed, was visited constantly by the key Australian aviation pioneers including Kingsford-Smith, Ulm, Jean Batten and Nancy Bird Walton, also known as "The Angel of the Outback."

Paul Bennet, Australian aerobatic pilot is our local hero. On moving to Newcastle, he learned to fly and now owns several planes and performs aerobatic displays in Australia, overseas and has performed at the Old Bar Beach Festival several times.

Timeline

1884 <i>Old Bar Recreation Reserve 400 acres of land</i>	1895 <i>Beer, Chicken or a block of land offer most chose the chicken and beer.</i>
1912 Land sub-division Connell, Smith, Clerke, David & Cross Streets.	1920s <i>Old Bar Air Field</i>
1930 <i>The Boarderhouse became the Dance Hall (now Flow Bar)</i>	1928 <i>First Surf Club Built</i>
1941 Rushby Casino (Hall)	1935 <i>Old Bar Primary School</i>
1945 Rural Fire Brigade	1937 <i>Urana Shipwreck</i>
1947 Waterman Subdivision	1967 Club Old Bar
1978 <i>Surf Club Built (2nd)</i>	1972 <i>Old Bar Swimming Pool</i>
1978 Flood peak height level 5.45m	1989 Sewerage connection
2004 <i>Old Bar Tennis Courts</i>	1990 <i>Old Bar School Bus Service</i>
2004 <i>Old Bar Chamber of Commerce (now OBMP)</i>	2005 <i>Old Bar Beach Festival</i>
2019 <i>Black Summer Fires</i>	2006 <i>Bi-Lo Shopping Centre (Coles)</i>
2021 Flood peak height level 5.65m	

Local Feature

Conversations with Mel Rosamond

RAY WORBOYS

When we first started coming to Wallabi Point almost 70 years, ago there was no road into the place. Access was via a bush track that went through a swamp and meandered its way through the trees. This track left Old Bar Road between Kolinda Drive and the Manning Point turnoff.

JOHN & MARGARET PRYOR

In 1978 the new surf clubhouse was built, sponsored to the lock-up stage by the Federal Government "RED SCHEME" for regional employment development. This led to serious fundraising starting with the establishment of the "Red Knicker Inn" catering for 5-6 nights during the Christmas holidays serving smorgasbord dinners. This activity was very successful for the next 30 years, raising thousands of dollars.

BOB LAUDER

The biggest development I did in Old Bar was the Waterman Street development - all of those houses right down to the old property gate. Originally when land was first released in Waterman Street, it was on offer for \$10 a block. It got up to \$40 and then Mr Waterman got too old to manage and that's when I came in. I built the first motel in Old Bar too, which is now known as Heart Break Hotel.

BRONWYN TARRANT

Frank and I purchased a block of land in Wallabi Point, initially as our weekend house but then we moved there. The local boys would go surfing before school and our dog Ben would eat their school lunches, so I would make sandwiches in a hurry for them to take to school.

JOHN & JUNE SORBY

Around the surf club was a reserve and I was a member of the trust. There was a well in the general area that was around 50-60 feet deep and the trust would pump the water from there for the camping area as there was nothing else. The camping ground was very popular and there were often four busloads of people that would come out every Sunday. There used to be 25 cabins located in the area of Rushby Hall that were rented out on the weekends. They were rough and cooking was done outside.

BEVAN NELSON

I used to see the old fellow we called Mud Bishop all the time because I would see him when I went fishing. He wasn't allowed to put a house up there on the river, so he dug a mine and then built a hut.

Bruce Cowan was a Member of Parliament and lived by the fishing wharf at the end of Cowans Lane at Oxley Island. The current road and fishing wharf wouldn't exist without him.

LINDSAY & ANNE WILKES

I can remember when there was only three streets in Old Bar and a rough main road.

PAM SAUNDERS

One day, one of the Elders who was in the tribe at Farquhar said "I'm going down to Saltwater to take a look". What he found down there was plenty of fish, heaps and heaps and heaps of fish. The fish, food and medicine at Saltwater was so plentiful and that's why we started to camp there.

MAL & CHRISTINE LADMORE

When you and your family come into a new town, it is always a good idea to become involved in a community group. This helps your business, builds a social network and satisfies the desire to help others. The local Lions Club was a fantastic group of people and during the 1980s we raised a tremendous amount of money for local and wider charities and enjoyed ourselves immensely in doing so. I can clearly remember the old merry-go-round and Santa on the back of the truck making all the local kids happy.

JOHN & JENNY DARCY

We developed the land in Pampoolah surrounding Gracelands into small acreage lots. One time I looked to the sky and saw an Eagle flying, so decided to build a home designed like an eagle. I also built the Sydney Opera House Home which is at the high point with the magnificent views to the Great Dividing Range.



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Local Musicians

Kahlee Connelly - I feel so lucky to have grown up in our little slice of paradise here by the coast in such a feel-good town! Some of my best memories are of spending long days by the beach, surfing the cheeky lefts and playing music at my favourite local venues - my music and a lot of my songs are very much inspired by how the ocean feels here and this magical place.

Gary 'Harro' Harrison - From ballads to boogie and all tunes in between, there's nothing like playing to the local crowds that appreciate and support live music.

Luca Saunders - I'm a proud Biripi girl and I'm very grateful to be living on Biripi Country. My pride and gratitude run through everything I do, especially my music.

Bennett Brown - One of my fondest memories of growing up in Old Bar is playing music to the sound of the ocean. I'd love to stop and feel that cool, coastal breeze. Doesn't get much better than that!

Gregg Love - I have performed throughout Australia, the USA, Islands in the Caribbean, Bermuda and the world...singing and drinking my way into the hearts of millions.

Luke Ligtenberg - My song 'happy place' is about getting up early and following the offshore wind down to the left-handed break off main beach. Growing up surfing and skating around Old Bar was my 'happy place'.

Dave Ball - Here in Old Bar we have a great musical audience that enjoys listening to local live music. For many years I have loved playing at our excellent venues, The Tav and Flow Bar, performing a mix of covers and originals. To hear some of my originals search 'Dave Ball 4' on YouTube.

Grant Saunders - Music is a reflection of your true soul and the music I love also reflects a better world to live in - one that will keep us all breathing-conscious music.

Jake Cook - I love the relaxed coastal lifestyle and playing music in our village by the ocean! A coastal backdrop...it epitomises what we're all about.

Jeff & Nettie - We've played in different bands from Irish to 80s and 90s covers to recent originals. Guitar, fiddle, mandolin, whistle, flutes and trombone. We love playing with everyone.

Nathan Path - I have played bass and guitar in several bands throughout the years and have really appreciated our vibrant local music and arts community.

The Sedges - Brett & Jen - We are an acoustic duo. We've been happily married and happily creating music for the past ten years and have recently joined the local music industry, performing at Flow Bar, The Tav and a few other venues. Our influences include blues and roots, rock, and folk; and we cover lots of Aussie artists such as The Waifs, You Am I, Xavier Rudd, Powderfinger, and so on. Come and check us out sometime!

Emma Croker - There is something about Old Bar that remains untouched and humble. Kombi festival has always been a favourite. Music, food and a coastal backdrop...it epitomises what we're all about.

Brodie Deeth - I've always loved the live music scene in Old Bar. Ever since I was a kid, I have been seeing live music at The Tav. Now we have another great live music venue, Flow Bar, supporting local and travelling musos. I love being part of the local music scene.

Mel Rosamond - I can play around 8 chords and like to write songs. I definitely can't sing but do like to tell a story through music.

Tod Sneddon - Apparently, I am a percussionist, guitar player, singer and songwriter.

Ian Papworth - Papworth & Company, Old Time Dance Band.

Banjo Hunt - I can't be more thankful to have grown up on our little slice of unspoiled coast. The people here who nurture music and art are responsible for helping our little town to punch far above its weight in terms of what a small town can offer an artist.

State of the Art by California Dave - A Timeless message of strength and intuitive freedom to the doomed generations of the future.

Matt Power - I enjoy playing music with my friends and the Old Bar crowd makes the experience 10 times better.

Natalie Roesse & Brayden Perks - There is nothing more rewarding than to be able to play music with your son.

Viv Stevenson - I like to create and explore music and Old Bar is a great place to play the guitar.

Craig Green - I enjoy playing guitar and teaching the children at school about the feelings music can give you and the enjoyment everyone can get from music.

Real Estate

Lauders Real Estate is one of the longest established real estate firms operating in the Manning Valley and Mid North Coast of New South Wales, offering a wonderful alternative to the hectic city lifestyle. The local area offers uncrowded surf beaches, lovely waterways, lush riverflats, undulating hills, mountains and forests.

The team at Lauders are confident that the Old Bar, Wallabi Point and the surrounding areas will continue to be a popular place for people to relocate to. This region is becoming more accessible to Sydney and other areas offering a very affordable coastal or rural lifestyle



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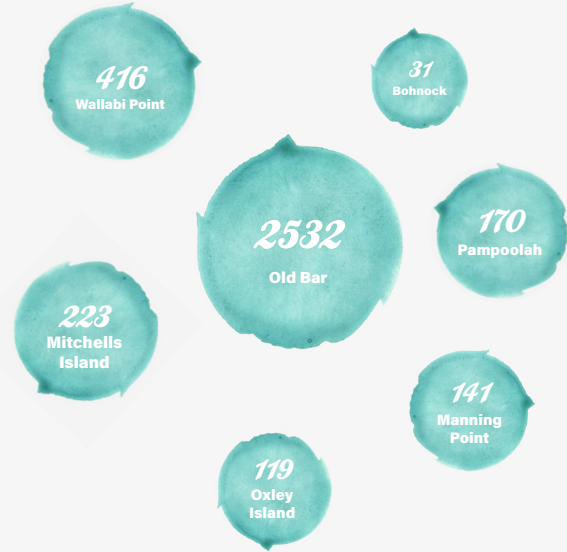
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Number Of Homes In Your Area



Old Bar is a laid-back beach destination with a long sandy shoreline that is irresistible to walkers, surfers, and swimmers. Known as the Live, Stay, Work, Play and LOVE Life location, Old Bar is the place for your holiday home ... or the home to holiday 24/7.



Wallabi Point *Old Bar*

Real Estate CONNECTOR
Mel Rosamond

The Islands *Manning Point*

connectmenowmel@gmail.com **0401 967 001** melrosamond.com.au

Sports x Activities

NUS
INDAH

SPORTS CLUBS AND FACILITIES

Andrea Rowsell Academy of Dance.....	6553 3122
Clams Rugby Club.....	oldbarclams.secretary@gmail.com
Club Old Bar Mini Golf.....	6553 3813
MATTS Martial Arts.....	0402 381 438
Old Bar Bootcamp.....	0412 332 832
Tennis Club.....	0411 476 063
Barbarians.....	oldbarbarbarians@hotmail.com
Cricket Club.....	oldbarcricketclub@live.com.au
Little Athletics.....	oldbarlittleathleticscentre@gmail.com
Netball Club.....	oldbarnetballclub@gmail.com
Pirates.....	oldbarpirates@hotmail.com
Paintball-Rapid Fire.....	1300 902 029
Surf Club.....	president@tareeoldbarsurfclub.com.au
Saltwater Surf School.....	0432 330 414
Saltwater Boardriders.....	saltwaterboardriders@hotmail.com
Squash & Leisure Centre.....	6553 7401



Photo: Julie Slaven



Old Bar Squash & Leisure Centre

32 Old Bar Rd, Old Bar

6553 7401



Surfboards by Jada Stanley

Making a splash in the fashion world with her unique surfboard designs, Wallabi Point local Jada Stanley, founded her business, Nusa Indah Surfboards, in 2012. She has since cemented her brand in the minds of fashion and art lovers across the globe.

With an innate love of surfing established at age 5 on our local beaches, Stanley's Nusa Indah Surfboards feature bespoke designs with eye-catching colours and prints. They have sparked the interest of the likes of Vogue Editor-in-Chief Anna Wintour, leading to collaborations with Vogue, the Atlantis Hotel, Le Sirense Hotel, Positano, Moda Operandi and Bahamian based artist Lulu DK. The vibrant board designs have been featured in magazines and online publications including Elle, Arch Digest, Home Beautiful, Vogue.com, Wellbeing, Inside Out, Real Living, Tracks Magazine and Hollywood Reporter.

Stanley credits her time spent on the Island of Bali as her inspiration for Nusa Indah, seeing her first surfboard creation in 2009 featuring a green floral batik sourced during a family visit to Indonesia.

With her initial goal of introducing the surf culture of Australia to New York and beyond, it is safe to say that Stanley has succeeded in this task, with Vogue describing her designs as "bringing art to the ocean".

To see more of Nusa Indah Surfboards see Instagram: @nusaindahsurfboards and Website: nusaindahsurfboards.com

Thankyou To Our Local Photographers

Phil Davies | Carl Muxlow | Hannah Earley
Jada Stanley | Julie Slavin | Tracey Keogh
Liam Worth | James Cause | Wanda Amos
Dave Armstrong | Cozette Leonard | Josh Hack

Community

COMMUNITY GROUPS

Anglican Church Old Bar.....	6552 1310
Bible Church Old Bar (school).....	oldbarbiblechurch@gmail.com
Care 'n' Go (Community Transport).....	6554 5447
Catholic Church Old Bar.....	6552 1084
Library.....	6553 6535
Lions Club of Old Bar.....	oldbar@lionsdistrict201n1.org.au
Lower Mid Coast Rotray Club.....	rotaryclumlc@gmail.com
Markets Old Bar.....	oldbarmarkets@gmail.com
Meal On Wheels.....	mowtaree@mowtaree.com.au
Mid Coast Council.....	7955 7777
OB Beach Community Tech Centre.....	6553 6677
OB Men's Shed.....	oldbarmensshed@gmail.com
OBMP Business and Community Assoc.....	info@obmp.com.au
OB BeachFestival.....	coordinator@oldbarbeachfestival.com.au
RSL Sub Branch.....	navy1972@bigpond.com
Beach Sand Replenishment.....	casablanca11@bigpond.com
Resilience Old Bar.....	0458 555 040
Soldiers Memorial Hall.....	Old-Bar-BeachSB@rslnsw.org.au



LIONS CLUB OF OLD BAR

Local group of community minded volunteers working for and supporting the community of Old Bar. We are also seeking new members wanting to make a difference.

Lions not only support their community but actively support such foundations as Diabetes, Prostate Cancer, Sight and Children's Mobility to name a few.



Lions Club of Old Bar meet 2nd and 4th Tuesday of each month at Club Old Bar commencing at 7.00pm Further information can be obtained by ringing club secretary on **6553 7146**

Schools x Daycare

This is a fantastic place to raise a family and send your children to local schools, preschools and daycare. A regular bus service takes secondary school students to a range of schools in Taree.

Old Bar Public School offers success by the sea and is one of the closest schools to the ocean in Australia. The teachers are wonderful and the school has been very successful with grants providing modern buildings and equipment.

Old Bar Community Preschool is a popular community owned and managed non-profit centre. Merri started the preschool over 30 years ago and continues to deliver a fun, caring, warm and safe environment for children. Parents, children and the community LOVE Merri and the Preschool.

Mitchells Island's school motto of Living and Growing Together encompasses all aspects of school life on The Island.

Old Bar Early Learning Centre provides quality care in Old Bar. Many people raised in Old Bar have great memories of attending OBELC.

LOCAL SCHOOLS

Mitchells Island Public School.....	6553 2623
Old Bar Community Preschool.....	6553 7817
Old Bar Early Learning Centre.....	6553 3063
Old Bar Public School.....	6553 7248



Photo: Mel Rosamond



Old Bar Early Learning Centre
Quality Care In Old Bar
2 South Heron Rd, Old Bar, NSW
(02) 6553 3063

OLD BAR BEACH FESTIVAL

The Old Bar Beach Festival is an annual
community event held every
October Long Weekend.

What began as a small parade of Kombis in
2005 has grown into the
ultimate weekend of family fun.



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KIDS ENTERTAINMENT • AEROBATICS DISPLAY



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Markets

BLACKHEAD BAZAAR

Wylie Breckenridge Park, Blackhead - 1st Sunday of month

BURREL CREEK HALL MARKETS

2nd Sunday of month

CUNDLETON COMMUNITY MARKETS

Main St - 2nd Sunday of odd month

FORSTER FARMERS MARKET

Information Centre, Little St Forster - 3rd Saturday of month

FORSTER TOWN

Town Park - 2nd Sunday of month

GLOUCESTER FARMERS

Billabong Park - 2nd Saturday of month

GREAT LAKES MUSEUM MARKET

1 Capel St, Tuncurry - 3rd Sunday of month

HALLIDAYS POINT MARKET

Shopping Village, Black Head - 1st Sunday of month

JOHNS RIVER HALL MARKETS

Johns River Rd - 2nd Saturday of month

KRAMBACH

School of Art Hall - 3rd Sunday of month

LAURIETON RIVER WALK MARKET

Bruce Porter Reserve - 3rd Sunday of month

NABIAC FARMERS MARKET

Showground - Last Saturday of month

OLD BAR BEACH MARKET

Old Bar Beach Skate Park - 4th Sunday of month

PACIFIC PALMS MARKET

Community Centre - Last Sunday of month

PRODUCE MARKET TAREE

Johnny Martin Oval, Macquarie St Taree - Every Thursday

PORT FORESHORE MARKETS

2nd Saturday of month

TAREE HUB

Taree showground - 3rd Saturday of month

TUNCURRY

John Wright Park - 4th Saturday of month

WINGHAM FARMERS MARKET

Baptist Church, Cnr Richardson St and Murray Rd - 1st Saturday of month

Business Directory

Please support OBMP businesses

who support *YOUR* community

EMERGENCY/MEDICAL

EMERGENCY 000	000
Manning Hospital TAREE.....	6592 9111
Old Bar Medical Centre.....	6553 7600
Old Bar Pharmacy.....	6553 7660
Police Taree.....	6552 0399
Rural Fire Brigade.....	65537999

FOOD AND WINE

Amani Farm (Eggs).....	0418 902 765
Blowfish Street Food.....	0409 118 083
Buyi Espresso Bar.....	21 Old Bar Rd
Club Old Bar.....	6553 7224
Empire Leaf.....	0423 618 535
Flow Bar.....	6557 4224
Hayley's Cake House.....	0414 486 770
Juice2You.....	0409 903 415
Luriya's Thai.....	6553 3446
Manning Point Bowling Club.....	6553 2646
Manning Point General Store.....	6553 2665
Michael's Chinese Restaurant.....	6553 3088
Mother Fungus Gourmet Mushrooms.....	0411 116 296
Old Bar Bakery.....	6553 7911
Old Bar Beach Takeaway.....	6553 2557
Old Bar Cellars.....	65537328
Old Bar Deli and Spice.....	0401 058 066
Old Bar Tavern.....	6553 7111
Old Bar Village Cafe.....	6593 3075
Sai Thai Table and Tea.....	6553 6660
The Gourmet Butcher Old Bar.....	6557 4340
Top of the Bar Pizza & Kebab.....	6557 4471
Wallabi Point Coastal Cafe.....	6557 4946

ACCOMMODATION

Boogie Woogie Beach House OB.....	6557 4224
Chiltern Lodge Retreat.....	6553 3190
Club Old Bar Motel.....	6553 3813
Farm House on Oxley.....	0412 322 867
Finns at Old Bar.....	0421 180 821
Hide Away Cabins MP.....	0419 201 901
Hideaway Holiday Cabins.....	0419 201 901
Kiwarrak Country Retreat Koorainghat.....	6553 7391
Lanis Caravan Park OB.....	0412 185 657 / 6553 7274
Meridian Beachside Apartments OB.....	6553 3441
Mescal's at Pampoolah B&B.....	6557 8578
MidCoast Holiday Rentals.....	0490 192 730
Ocean Shores Holiday Park MP.....	6553 2624
Old Bar Holiday Rentals.....	0435 059 450
Pippies On The Beach WP.....	0412 322 867
Shoemith Holiday Cottage MP.....	0427 292 856
Weeroona Caravan Park MP.....	6553 2635

REAL ESTATE

Lauders Real Estate.....	6553 7700
Mel Rosamond - Real Estate Connector.....	0401 967 001
LJ Hooker Old Bar Beach.....	6553 7133
Troy Talbot.....	0449 040 725
Settle Petal Mobile Conveyancing.....	0417 298 629
First State Conveyancing.....	6550 1333

BUILDING, TRADES & MAINTENANCE

DIY Glass & Aluminum Fencing.....	1300 001 331
Eagle Ridge Plumbing.....	0418 977 177
Gavin Van Kampen, Builder.....	0407 552 872
MSC Surveyors.....	6553 3666
PDA Planning.....	0431 133 472
Phoenix Pools.....	0427 327 715
R & M Simpson Builders.....	6553 6500
Scott Murly Constructions.....	0400 684 119
Slide Saver.....	0417 947 225
The Shed Company.....	6557 7948

MOTOR VEHICLE & TRANSPORT

Old Bar Automotive.....	0428 401 883
Old Bar Car & Truck Repairs.....	6553 6800

RETAIL & SERVICES

Artworkin Signs/Graphic design.....	6557 4103
Blue + Luna Candles.....	0400 022 014
Bohnock Bait & Tackle.....	6553 7532
East Coast Bookkeeping BAS.....	0413 296 658
Eggins Comfort Coaches.....	6552 2700
Local Feature.....	0401 967 001
MidCoastDigital.com.au.....	1300 273 463
Nusah Indah.....	0413 370 041
Petrol Station - Metro Petroleum.....	6553 7037
Rowsell World Travel and Cruise.....	0438 583 444
Sand Dunes & Co.....	0405 273 428
Taree Boarding Kennels & Cattery.....	6553 7244
Regional Finance Solutions.....	0412 702 956

BEAUTY, FITNESS & WELLBEING

Diamond Beauty Cosmetic Clinic OB.....	0498 700 223
Old Bar Wellness Centre.....	0427 461 903
Wild & Silky Hair Design.....	0431 259 002

SCHOOLS & CHILD CARE

Mitchells Island Public School.....	6553 2623
Old Bar Community Preschool.....	6553 7817
Old Bar Early Learning Centre.....	6553 3063
Old Bar Primary School.....	6553 7248

If you would like to be on this list,
contact info@obmp.com.au

Deb Saunders

“When designing your space, the key is to make it authentically yours. I think it’s important to have not only an aesthetic you connect with but a feeling too.”

You can’t put a price on the way a home feels. It’s magical when you get it right and everyone who enters the space will feel it.”



Living In Paradise

In 2004, my husband, Daniel, and I formed a consortium with two other couples with whom we’d been close friends for many years. We bought a four-acre property on Mitchells Island with the intention of living in a co-housing situation. More than that we wanted to do retirement in a revolutionary way. No retirement villages for us.

In 2009, we built a large three-bedroom house for the six of us where we’ve been living, as they say, happily ever after.

Each one of us three couples, one in full retirement, the others in semi-retirement, is dedicated to contributing, learning, optimising our health and developing creative pursuits.

One of our group, Heather, has written a book about our project which is available on Kindle--<https://www.amazon.com.au/Shedders-Heather-Bolstler-ebook/dp/B00CVJRI6>.

We know that we’re on to an interesting and inspiring endeavour as we have been the subjects of radio, television, and podcast interviews. We’ve been featured in national newspapers and magazines, as well as local papers. We even had Judith Lucy come talk to us when she was creating an episode for her television series ‘Judy Lucy is All Woman.’

We nicknamed ourselves The Sheddars, after the big green shed that was the original building on our property. It has since become The Yoga Shed where I teach workshops and classes.

Can you imagine how many belongings we had to shed to be able to consolidate three households into one?

How has it turned out? I can honestly say, far better than anyone’s expectations. So much so that people consider us to be an entity as The Sheddars. We are very much individuals, but thinking of us as a group seems to appeal to people’s imagination about how a group of people can live communally in harmony.

The Sheddars

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Photo: Dave Armstrong